



6TH APPS SCIENTIFIC CONFERENCE

20 CPD
Points

Sabah International Convention Centre
Sipadan Hall III, Level 4, Kota Kinabalu, Sabah

PROMOTION

10% Discount on Group Registration
(10 pax & above)

ECG Workshop &
Cardiology Red Flags

Medicolegal Tips
for Doctors

Income Tax & Practice
Management Insights

Practical Workshops
& Clinical Updates

Intra-Articular Knee
Injection Workshop
(No Extra Fee)

Digitalisation
Solutions for Clinics

Insurance Protection for
Doctors & Clinics

Networking & Experience
Sharing

Learn, Connect & Grow Together at APPS 6th Scientific Conference 2026



START AT
08 AM - 05 PM



10TH - 12TH JULY
2026



E-BOOK &
E-CERTIFICATE

REGISTRATION FEE



Early Bird (**Extended to 31st May 2026**)
Member : RM 550
Non Member : RM 650



Late Bird (**From 1st June 2026 onwards**)
Member : RM 650
Non Member : RM 750

Get your seat now!

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APPS Membership

- Annual Membership (New / Renewal): RM200
- Life Membership: RM1,000

Please note: Conference registration does not include complimentary APPS membership.

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MEMBERSHIP

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For more info, please contact Ms Carl at +6018-4021997

6TH APPS SCIENTIFIC CONFERENCE 2026

DAY 1

Friday, July 10, 8am–5pm

7:45AM–8:15AM	REGISTRATION
8:15AM–8:30AM	WELCOME ADDRESS BY ORGANIZING CHAIRMAN
8:30AM–9:15AM	MENOPAUSE BEYOND HOT FLUSHES: WHAT GPs ARE MISSING IN EVERYDAY PRACTICE <i>by Dr Sutha Chelliah</i> , Masters of Medicine (O&G) Consultant Obstetrician & Gynaecologist, Jesselton Medical Centre, Kota Kinabalu
9:15AM–10:00AM	AVOIDING COMPLAINTS & CLAIMS: MEDICOLEGAL TIPS FOR GPs <i>by Genevieve Vanniasingham</i> , LL.B (Hons) Uni. of Reading, LL.M, City, Uni. of London Barrister-at-Law (called by the Honourable Society of the Middle Temple) Advocate & Solicitor of the High Court of Malaya
10:00AM–10:30AM	TEA BREAK & BOOTHS VISIT
10:30AM–11:15AM	FROM BLIND TO BRILLIANT: ULTRASOUND GUIDED PAIN PROCEDURES EVERY GP CAN START TOMORROW <i>Sponsored By VIM Medical Sdn Bhd</i> <i>by Dr Aldred Soo Cheng Wei</i> , MB BCh BAO LRCP & SI (NUI), M.MED ANAES (UM), Fellowship in Pain Management (KKM), CIPS (WIP); FIPP(WIP) Pain Specialist Malaysia, Consultant Anaesthetist and Critical Care Physician, KPJ Sabah Specialist Hospital
11:15AM–12:00PM	WHEN AESTHETIC TREATMENTS REACH THEIR LIMITS: MYTHS, MISTAKES & MEDICINE <i>Sponsored By KPJ Sabah Specialist Hospital</i> <i>by Dr Sophia Heng Si Ling</i> , M.D (Universitas Gadjah Mada, Indonesia), Master of Surgery (Plastic Surgery) (USM), F.R.A.C.S (Aesthetic Surgery)(Australia) Plastic, Aesthetic and Reconstructive Surgeon, KPJ Sabah Specialist Hospital
12:00PM–1:00PM	PRAYER BREAK & BOOTHS VISIT
1:00PM–1:45PM	LUNCH BREAK & BOOTHS VISIT
1:45PM–3:15PM	WORKSHOP <i>Sponsored By Medik-Link Sabah Sdn Bhd</i> STATION 1 BASIC CARDIAC ULTRASOUND STATION 2 REFRESHER OF CPR/AED STATION 3 SPOT IT - ECG STATION 4 CHEST PAIN MANAGEMENT - SIMULATION <i>by Dr Chu Chong Mow</i> , Internal Medicine, MD (Canada), MRCP (UK) Consultant, Gleneagles Hospital Kota Kinabalu
3:15PM–4:45PM	WORKSHOP : BASIC ULTRASOUND GUIDED PAIN PROCEDURE FOR GP <i>Workshop: Sponsored By VIM Medical Sdn Bhd</i> <i>by Dr Aldred Soo Cheng Wei</i> , MB BCh BAO LRCP & SI (NUI), M.MED ANAES (UM), Fellowship in Pain Management (KKM), CIPS (WIP); FIPP(WIP) Pain Specialist Malaysia, Consultant Anaesthetist and Critical Care Physician, KPJ Sabah Specialist Hospital
4:45PM–5:30PM	TEA BREAK & BOOTHS VISIT

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DAY 2

Saturday July 11, 8am-5pm

7:45AM-8:15AM	REGISTRATION
8:15AM-8:30AM	WELCOME ADDRESS BY ORGANIZING CHAIRMAN
8:30AM-9:15AM	RED FLAG IN CARDIOLOGY <i>Sponsored By Medik-Link Sabah Sdn Bhd</i> by Dr Chu Chong Mow , Internal Medicine; MD (Canada), MRCP (UK) Interventional Cardiologist, Gleneagles Hospital Kota Kinabalu
9:15AM-10:00AM	CURRENT PRACTICES IN THE MANAGEMENT OF BREAST CANCER <i>Sponsored By Gleneagles Hospital KK</i> by Dr Lee Chang Haur , MBBS (IMU), Doctor of Surgery (UKM), Fellowship Breast & Endocrine (Mal) General, Breast & Endocrine Surgeon, Gleneagles Hospital Kota Kinabalu
10:00AM-10:30AM	TEA BREAK & BOOTHS VISIT
10:30AM-11:15AM	PERIPHERAL AND CRANIAL NERVE DECOMPRESSION: OPTIMIZING FUNCTIONAL RECOVERY THROUGH SURGERY AND NEUROREGENERATIVE SUPPORT <i>Sponsored By BREGO - Bionerv</i> by Dr Ananda Arumugam , MBBS (Manipal), Master in Neurosurgery (USM), Fellowship in Skull Base & Neurovascular Surgery (Korea) Consultant Neurosurgeon, KPJ Sabah
11:15AM-12:00PM	ADVANCEMENTS IN FERTILITY TREATMENT <i>Sponsored By Alpha International Women's Specialists (Sabah) Sdn Bhd</i> by Dr Ana Vetrana Abd Wahab , MD (USM), DrObGyn (UKM), Reproductive Medicine (MAL-Bel), IFEPAG (Australia) Resident Consultant in Obstetrics & Gynaecology, Fertility & Reproductive Medicine, and Paediatric & Adolescent Gynaecology
12:00PM-12:45PM	APPS 9TH AGM
12:45PM-1:45PM	LUNCH BREAK & BOOTHS VISIT
1:45PM-2:30PM	REMEMI TO YOUR STRUGGLING GP - DIGITALIZE AND OPTIMIZE YOUR CLINIC PERFORMANCE <i>Sponsored By Remedi Innovations Sdn Bhd</i> by Dr Khairul Faizi Khalid Co-Founder, Remedi.my
2:30PM-3:15PM	OPTIMISING OUTCOMES IN OA MANAGEMENT: EVIDENCE BASED APPROACH IN JOINT HEALTH <i>Sponsored By BREGO - Mobithron</i> by Dr Jeffrey Kee , MD (CSMU), MSpMed (UM). Sports Medicine Specialist, Queen Elizabeth Hospital
3:15PM-4:45PM	WORKSHOP : INTRA-ARTICULAR KNEE HA INJECTION: TECHNIQUES, TIPS AND BEST PRACTICES <i>Sponsored By BREGO HA</i> by Dr Jeffrey Kee , MD (CSMU), MSpMed (UM). Sports Medicine Specialist, Queen Elizabeth Hospital
4:45PM-5:30PM	TEA BREAK & BOOTHS VISIT

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DAY 3

Sunday July 12, 8am-2pm

- 7:45AM-8:15AM **REGISTRATION**
- 8:15AM-8:30AM **WELCOME ADDRESS BY ORGANIZING CHAIRMAN**
- 8:30AM-9:15AM **LATEST UPDATE ON OSTEOARTHRITIS MANAGEMENT**
Sponsored By Vivital Pharma
by **Dr. Kiran Kandiah**, M.D.(KSMU), M Med Sp Med (UM)
Sports Medicine Physician Queen Elizabeth Hospital
- 9:15AM-10:00AM **TAX OPTIMISATION FOR BUSINESS OWNERS: ARE YOU PAYING TOO MUCH TAX ?** *Sponsored By GA Group*
by **Dato' George Lim Su Chung**
Founder & CEO of G&A Group
- 10:00AM-10:30AM **TEA BREAK & BOOTHS VISIT**
- 10:30AM-11:15AM **UNDERSTANDING INSURANCE TO STAY COVERED. SIX SCENARIOS FOR ALL DOCTORS TO NOTE** *Sponsored By JA Assure Sdn Bhd*
by **Mr Japhire Gopi Kannan**
Founder & CEO of JA Assure Group
- 11:15AM-12:00PM **DIABETIC RETINOPATHY**
by **Dr. Sim Pek Eng**, MBBS (UM), MS Ophthalmology (UKM)
Consultant Ophthalmologist & Refractive Surgeon, Gleneagles Hospital Kota Kinabalu
- 12:00PM-12:45PM **FEEDBACK/APPRECIATION GIFTS**
- 12:45PM-1:45PM **LUNCH BREAK & BOOTHS VISIT**